

Mental Health Support Information:

Crisis: If your child is experiencing a mental health crisis you have the following options

- * Crisis Services 834-3131
- * Spectrum CARES 882-4357

Hospitals that can assess and treat a mental health emergency:

- *Brylin Hospital - (716) 886-8200
1263 Delaware Ave, Buffalo 14209
- * ECMC - (716)898-3000
462 Grider St, Buffalo 14215
- * ECMC Outpatient Behavioral Health Clinic (716) 898-3000
462 Grider St, Buffalo 14215 - this clinic will do walk-in psychiatric assessment and linkage to counseling

TEXT Line: If your child is experiencing symptoms related to anxiety, depression or just needs someone to talk to they can text HOME to 741741 and receive immediate support via text.

General Mental Health Counseling:

Grand Island School District has a relationship with Horizons and Child and Family Services to provide counseling to students and families struggling with mental health issues. If your child is feeling depressed, anxious, or overwhelmed please contact one of these agencies to schedule an intake appointment.

Child and Family Services: (716) 335-7374 Speak with Jeff Eckert the intake coordinator and ask to be scheduled with therapist Katie Jafari who works with Grand Island Schools. Grades K-12.

Horizons: (716) 831-1800 Speak with the intake coordinator and ask to be scheduled with Stacey Schmiegl who works with Grand Island Schools. Grades 7-12.