

Dear Parents/Guardians,

As you may know, many of our students are discussing a new mini-series on Netflix that sensationalizes suicide called "13 Reasons Why" that is based on the best seller of the same name. This series doesn't focus on providing appropriate solutions to prevent suicide but rather raises serious concerns for mental health professionals due to the romanticizing of suicide. In addition, unfortunately, the series doesn't portray parents, educators and mental health professionals as critical resources for kids who may be struggling with any serious issues.

According to the National Association of School Psychologist (NASP):

"We do not recommend that vulnerable youth, especially those who have any degree of suicidal ideation, watch this series. Its powerful storytelling may lead impressionable viewers to romanticize the choices made by the characters and/or develop revenge fantasies."

If you find that your child has watched this series, he or she will need a supportive adult to assist in processing perceptions of this very serious topic. For more information and guidance for discussion, please visit this link:

<https://www.nasponline.org/resources-and-publications/resources/school-safety-and-crisis/preventing-youth-suicide/13-reasons-why-netflix-series-considerations-for-educators>

We consider your child's safety of the utmost importance. If you're in need of assistance or support for your child, please contact your child's School Counselor, Mrs. Paige or Mrs. Cordero at 773-8837 or 773-8844.