



You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose. ~Dr. Seuss~

Grand Island Schools—Middle School

March 2014

CELEBRATE
NATIONAL SCHOOL BREAKFAST
WEEK **MARCH 3-7**.....COME
SEE WHAT'S NEW & EXCITING!



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Mini Corn Dogs & Mozzarella Sticks Honey mustard and Pizza Dippin' Sauces Mixed Veggies Assorted Fruits</p>	<p>4</p> <p>Taco-in-a-Bag Taco Meat, Cheese, Lettuce, Salsa Baked Nacho Doritos Refried Beans / Corn Assorted Fruits</p>	<p>5</p> <p>Grilled Cheese on WG White Tomato Soup Oyster Crackers Green Beans Assorted Fruits</p>	<p>6</p> <p>Chicken Finger Sub Cheese / Lettuce Brown Rice California Blend Veggies Assorted Fruits</p>	<p>7</p> <p>French Bread Pizza Garden Salad w/ Grape tomatoes & Garbanzo Beans Assorted Fruits</p>
<p>10</p> <p>Island Pork Chop Wheat Bun Mashed Sweet Potatoes Green Beans Applesauce Assorted Fruits</p>	<p>11</p> <p>Tacos served in WG Tortilla or Hard Shells Cheese / Lettuce / Salsa Mexican Rice Black Beans Assorted Fruits</p>	<p>12</p> <p>Build -A- Burger  on Wheat Bun Cheese / Lettuce / Pickles / Tomatoes Crispy Tater Tots Corn Assorted Fruits</p>	<p>13</p> <p>Dipper Day - Yay! Pizza Stick w/ Sauce Chicken Fingers w/ dips Fresh Veggie Boat w/ Ranch Dip Assorted Fruits</p>	<p>14</p> <p>Fish-Wich w/ Cheese Wheat Bun Ketchup / Tartar Sauce Oven Fries Creamy Cole Slaw 100% Juice Slushie Cup</p>
<p> <i>Pot-O-Gold</i></p> <p>Popcorn Chicken <i>Shamrock</i> Soft Pretzel <i>Emerald</i> Potatoes <i>Banshee</i> Beans <i>Celtic</i> Fruit Cup</p>	<p>18</p> <p>Nachos Supreme Taco Meat, Cheese Sauce, Salsa & Lettuce in Taco Tub w/ Tortilla Chips Refried Beans Corn Assorted Fruits</p>	<p>19</p> <p>Meatball Bomber w/Mozzarella Cheese Parmesan Pasta Garden Salad w/ Grape Tomatoes & Garbanzo Beans Assorted Fruits</p>	<p>20 </p> <p>Chicken Finger Sub Cheese / Lettuce California Blend Veggies (broccoli, cauliflower & carrots) Assorted Fruits</p>	<p>21</p> <p>Three Cheese Loco Pizza Monaco Blend Veggies (green and yellow beans w/ carrots) Assorted Fruits</p>
<p>24</p> <p>BBQ chicken burger Wheat Bun Cheddar Sun Chips Green Beans Assorted Fruits</p>	<p>25</p> <p>Chicken Fajita in Jalapeno Wrap w/ Peppers & Onions, Cheese, Lettuce, Salsa Fiesta Rice Black Beans Assorted Fruits</p>	<p>26</p> <p>Viking Bagel Sandwich Egg, Sausage & Cheese Crispy Tater Tots Mixed Veggies Assorted Fruits / Juices</p>	<p>27</p> <p>Chicken Finger Sub Cheese / Lettuce Garden Salad w/ Grape Tomatoes & Garbanzo Beans Assorted Fruits</p>	<p>28</p> <p>Triple Decker Grilled Cheese on WG White Tomato Soup Oyster Crackers Broccoli Assorted Fruits</p>
<p>31</p> <p>Island Pork Chop Wheat Bun Sweet Potato Fries Green Beans Applesauce Assorted Fruits</p>	<p>Think and Wonder, Wonder and Think. ~Dr. Seuss~</p> <p></p>	<ul style="list-style-type: none"> ◆ 1%, Skim and Fat Free Flavored Milk available with every lunch. ◆ Fresh baby carrots available daily, upon request <p>Menu subject to change</p>	<p>Pre Pay Online @ myschoolbucks.com</p> <p></p> <p>If you have any questions, please call 773-8885</p>	<p><u>Alternate Entrees Available Daily:</u></p> <p>PB & Jelly -or- Tuna Sandwich Julienne Salad Pizza</p>