

JOIN THE BREAKFAST CLUB ... Where it's Cool ... to Start School ... with Breakfast!

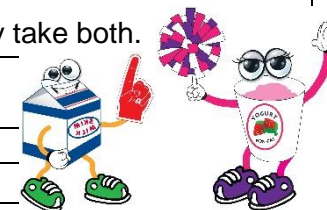
The Breakfast Club will feature kid's music, contests, special visitors and other cool stuff!
 When the bus driver announces "Breakfast Time!" -- students can head straight to the cafeteria for a nutritious start!



Breakfast Times:
 Kaegebein & Huth Rd
 8:30-9:00
 Sidway: 8:40-9:00

Breakfast full price: \$1
Breakfast reduced price: 25 cents
 (Students eligible for free lunch also receive a free breakfast)

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Choose 1 or 2: Whole Grain & Protein Items	Assorted Crackers Lite String Cheese Stick 4 oz Danimal Yogurt Assorted Low & Non-Sugar Cereals	Warm Oatmeal or Cereal Bars Lite String Cheese Stick 4 oz Danimal Yogurt Assorted Low & Non-Sugar Cereals	Cinnamon Toast or Toasty English Muffin Lite String Cheese Stick 4 oz Danimal Yogurt Assorted Low & Non-Sugar Cereals	Mini Loaf, Muffin or Pop Tarts Lite String Cheese Stick 4 oz Danimal Yogurt Assorted Low & Non-Sugar Cereals	Warm Mini Bagel Lite String Cheese Stick 4 oz Danimal Yogurt Assorted Assorted Low & Non-Sugar Cereals
Daily choices Whole Grain can include:	Animal Crackers, Scooby Stix, Bug Bites, Cheez-Its, Assorted Grahams	Betty Crocker Oatmeal Cereal bars, General Mills or Kellogg's cereal bars, Strawberry Nutrigrain Bar	Fresh Baked Whole Grain Cinnamon Toast or English Muffin	Banana loaf, choc chip muffin or whole grain strawberry, cinnamon or Fudge Pop Tart	French toast, cinnamon or plain bagel
Fruit & Juice	Assorted Fruits & 100% Juice cups available daily Students MUST take one fruit or juice serving, but may take both.				
Got Milk? 3 Items	Assorted low fat or skim milk available daily Each student must take a minimum of 3 items offered to be a complete breakfast				



Lunch Prices:

Sidway: \$2.25
 Kaegebein/ Huth: \$2.50

Bonus Plan!

Pre-pay 20 lunches and get one **FREE!**

Sidway: 20 + 1 = \$45.00
 Kaegebein/ Huth: 20+1= \$50.00



Keep Lunch Time Stress-Free!

Pre-pay online at myschoolbucks.com

Earn as your children learn!

Apply for Substitute Food Service positions through our District website at www.grandislandschools.org

