



A PARENTS' GUIDE TO

VAPING CESSATION PROGRAMS FOR TEENS

Honest communication can help your teen handle the peer pressure associated with vaping. To get the conversation started, check out TalkItOver.org

Concerned about your teen vaping and the impact it has on his or her health?

Quitting can be tough, but you and your child, along with your doctor, can beat this addiction.

These evidence-based treatments are developed specifically for teens and young adults.

NEW YORK STATE SMOKERS' QUITLINE

1-866-NY-QUITS
(1-866-697-8487)
nysmokefree.com

Free services for e-cigarette users 18 and up

Includes nicotine replacement therapy

NEW YORK STATE DEPARTMENT OF HEALTH VAPING HOTLINE

1-888-364-3046
vaping.inquiries@health.ny.gov

SMOKEFREE.GOV

Download the quitSTART app
Smokefree TXT for online support
Texting QUIT to 47848
<https://teen.smokefree.gov/quit-vaping/how-to-quit-vaping>

GENESEE/ORLEANS COUNCIL ON ALCOHOLISM & SUBSTANCE ABUSE

585-589-0055 OR 585-343-1124
[HTTPS://GCSASA.NET/](https://gcsasa.net/)

PREVENTION WORKS IN CHAUTAUQUA CO. TEEN INTERVENTION PROGRAM (FOR ADOLESCENTS AND PARENT/GUARDIAN)

preventionworks.us
Jamestown 716-664-3608
Dunkirk 716-366-4623

TRUTH INITIATIVE THIS IS QUITTING PROGRAM

FREE quit-vaping, quit-smoking texting program for teens and young adults.

Text DITCHJUUL to 88709
Parents: Text QUIT 202-899-7550

KIDS ESCAPING DRUGS INTERVENTION PROGRAM

Educates teens and their parents about the health impacts of vaping.

Referrals can be made by schools or concerned parents/guardians.

827-9462

THE WESTERN NEW YORK ANTI-VAPING COALITION (WNY AVC) IS A COLLABORATION OF AGENCIES AND COMMUNITY ORGANIZATIONS WORKING TO REDUCE THE VAPING EPIDEMIC. WE DO THIS BY PROVIDING CURRENT EVIDENCE-BASED EDUCATION AND RESOURCES TO SCHOOLS, YOUTH AND THEIR FAMILIES.