



# 2023 GRAND ISLAND INDOOR TRACK December



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 PRACTICE 2:45 – 4:15	2 Select Invitational @ Houghton Bus: 7:15 am
3	4 PRACTICE 2:45 – 4:15	5 PRACTICE 2:45 – 4:15	6 NO PRACTICE	7 PRACTICE 2:45 – 4:15	8 PRACTICE 2:45 – 4:15	9 C-D meet @ Houghton Bus: 7:15 am
10	11 PRACTICE 2:45 – 4:15	12 PRACTICE 2:45 – 4:15	13 NO PRACTICE	14 PRACTICE 2:45 – 4:15	15 B-D meet @ Houghton Bus TBA Meet starts at 5:30	16 NOTE: meets highlighted in red are tentative
17	18 PRACTICE 2:45 – 4:15	19 PRACTICE 2:45 – 4:15	20 NO PRACTICE	21 PRACTICE 2:45 – 4:15	22 PRACTICE 2:45 – 4:15	23
24	25 Christmas Day	26 Winter Recess	27 Winter Recess  CNY HOLIDAY MEET?	28 Winter Recess PRACTICE 10 A.M - 11:30	29 Winter Recess PRACTICE 10 A.M - 11:30	30
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